

3rd – 5th Grade Cross Country

Race Schedule

All the races will occur on the following Mondays with the exception of Tuesday, September 3. The races are located at Woodland Park Baptist Church.

- August 26
- September 3 (Tuesday)
- September 9
- September 16
- September 23
- September 30 – Championship Races

Race Times

- 3rd Grade – 4:30
- 4th/5th Grade Girls – 4:50
- 4th/5th Grade Boys – 5:10
- Cleanup and breakdown if needed at 5:20 till finished (usually 10 minutes)

*Please have student athletes at the venue by 4PM to ensure they are warmed up completely before the first race.

Practice Schedule

Practices will occur on Wednesdays from 3:00-4:00 at Collegedale Academy Elementary with the exception of Monday, August 19, which will be at Woodland Park Baptist Church at 4:00.

- August 14
- August 19 (Monday) @ Woodland Park at 4:00
- August 21
- August 28
- September 11
- September 18
- September 25

***Parent volunteers are needed during the season either on Sunday afternoon to help set up OR on race day to be a course marshal or to help tear down.**