

# COLLEGEDALE ACADEMY

In the Know Elementary Newsletter  
Week of April 22, 2024 (423) 396-2122

## Lunch Time

Scan the QR code to set up your account, order lunches, and make lunch payments. Or visit [schoolpaymentportal.com](http://schoolpaymentportal.com).



### WEEK OF APR 22ND

- Monday: Hotdogs & Fruit
- Tuesday: Spaghetti
- Wednesday: Pizza
- Thursday: 2 Bean Burritos w/ Fruit
- Friday: Deli Sandwich & Fruit

### WEEK OF APR 29TH

- Monday: Mac n' Cheese & Nuggets
- Tuesday: Fettuccine
- Wednesday: Pizza
- Thursday: 2 Bean Burritos w/ Fruit
- Friday: Griller & Fruit



Parent Night Event



## QPR TRAINING

3 simple steps anyone can learn to help save a life from suicide.

### What is QPR?

- QPR stands for Question, Persuade, and Refer — the 3 simple steps anyone can learn to help save a life from suicide.

Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help.

### As a QPR-trained Gatekeeper you will learn to:

- Recognize the warning signs of suicide
- Know how to offer hope
- Know how to get help and save a life

### Our Speaker:

Amy Kyriakidis is Assistant Director for Suicide Prevention and Education in the Center for the Wellbeing at UTC. A Licensed Professional Counselor, she has worked in community mental health for the past 10 years in the Chattanooga area.

**Apr. 24 | 6:30PM | Collegedale Academy High School**

Free event, all are welcome to attend. No childcare provided.

RSVP is helpful but not required: [avaudreuil@collegedaleacademy.com](mailto:avaudreuil@collegedaleacademy.com)

APR 24

Parent Night

6:30 pm

High School

Auditorium

APR 24

NO

Afterschool

Strings

Lessons

MAY 1

5th-8th

Spring Band

Concert

7:00 PM

We are a Seventh-day Adventist school established to educate, equip, and inspire students to be critical thinkers who serve others and reflect Christ's character.

## Early Childhood Education Center SUMMER Program

Enrollment is Open! For ages 3-5 years old as August 15th. Join our thematic, hands-on, and Christ-centered summer program. Kids will enjoy Bible stories, water play, art projects, music, and much more. See attach flier for more information.

## Teacher Appreciation Week

Teacher appreciation week is April 29-May 3rd. Several classroom sign ups have gone out, please consider signing up to help show our teachers how amazing they have been this year. [Here](#) is a sign-up genius to help provide snacks for the elementary building.

## CA Soccer Camp Registration Information – June 26-30

Parents, if you have a child who will be a 6th-12th grader next year who wants to grow as a soccer player we encourage you to register him/her for soccer camp. The camp will be June 24-28 from 9:00-3:30p.m. Please see the flyer for more details. To register your child please complete [this form](#). When the business office receives your payment, your spot is secure. Sibling discount is \$25 per student. Rising 5th graders can register and will be on a waitlist. June 1 the coaches will start reaching out to parents if their child has a spot. Limited spots available so please register ASAP.

## Parents Volunteers

If you are planning on volunteering in any capacity at our school these last few weeks.

You will need:

- Copy of Driver's License, only if driving
- Copy of Car Insurance, only if driving
- Code of Conduct Form
- Sterling Volunteer Training and Background Check To access the Sterling Volunteer

Training

go to [Collegedaleacademy.com](http://Collegedaleacademy.com) click on "Current Students" scroll down to "Volunteer/PFE Forms"

click on "Volunteer Training" Volunteer training is only valid for 3 years. Please do this as soon as possible. Sterling Volunteer and Background Checks take several days to process. If you have any problems with the training or background check, please call 1-855-326-1860.

# Spiritual News

## Hallway Hymn

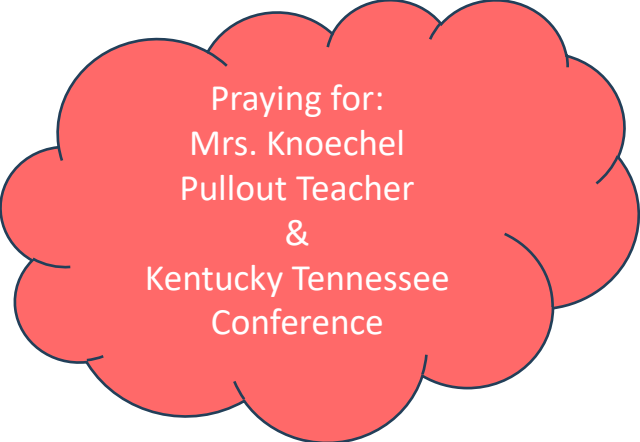
### Jesus Paid It All

I hear the Savior say,  
“Thy strength indeed is small;  
Child of weakness, watch and pray,  
Find in Me thin all in all.”


Jesus paid it all,  
All to Him I owe;  
Sin had left a crimson stain;  
He washed it white as snow.

And when before the throne  
I stand in Him complete,  
I’ll lay my trophies down,  
All at Jesus’ feet.

Jesus paid it all,  
All to Him I owe;  
Sin had left a crimson stain;  
He washed it white as snow.



Praying for:  
Mrs. Knoechel  
Pullout Teacher  
&  
Kentucky Tennessee  
Conference



Psalm 56:3  
“When I am afraid,  
I put my trust in  
you.”

## Helpful Contacts

1. **Principal** - Melissa Weddle [mweddle@collegedaleacademy.com](mailto:mweddle@collegedaleacademy.com)
2. **Vice Principal Elem & Learning Resource Coordinator Elem & Middle** - Melissa Ammerall  
[mammerall@collegedaleacademy.com](mailto:mammerall@collegedaleacademy.com)
3. **Assistant Registrar** - Heather Hoffman [hhoffman@collegedaleacademy.com](mailto:hhoffman@collegedaleacademy.com)
4. **School Counselor** – Amber Vaudreuil [avaudreuil@collegedaleacademy.com](mailto:avaudreuil@collegedaleacademy.com)
5. **Counselor Referral Link** - [Click](#)
6. **Lunch Coordinator** – Cindy Barrios [cbarrios@collegedaleacademy.com](mailto:cbarrios@collegedaleacademy.com)
7. **Chaplain** - Tabor Nudd [tnudd@collegedaleacademy.com](mailto:tnudd@collegedaleacademy.com)
8. **Aftercare Phone Number** - 423-599-9149
9. **Collegedale Academy website** - [collegedaleacademy.com](http://collegedaleacademy.com)



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JUNE 24-28, 2024



WHO: RISING 6TH-12TH  
GRADERS (CO-ED)  
WHERE: CA HIGH SCHOOL

Details

June 24-28 from 9:00am-3:30pm

Registration Cost: \$175 if you register before May 5  
\$200 May 5-June 1

(Payments can be turned in to the high school or middle school)

Contact us about sibling discounts

Bring your lunch

Coached by: Obadiah Groft (H.S. Boys Coach)  
& Sean Ancheta (M.S. Boys Coach)

FOR MORE INFORMATION EMAIL  
COACH GROFT (OGROFT@COLLEGEDALEACADEMY.COM) OR  
MRS. ANCHETA (AANCHETA@COLLEGEDALEACADEMY.COM)

2024 SUMMER

# TENNIS LESSONS



**AVAILABLE ANY TIME  
SUNDAY-FRIDAY**

**\$30/1HR \$20/HALF HR**

**GROUP RATES AVAILABLE**

**TEXT TAYLOR SEIDENSTRICKER**

**530-826-6566**