

# COLLEGEDALE ACADEMY

In the Know Elementary Newsletter  
Week of April 15, 2024 (423) 396-2122

## Lunch Time

Scan the QR code to set up your account, order lunches, and make lunch payments. Or visit [schoolpaymentportal.com](http://schoolpaymentportal.com).



### WEEK OF APR 15TH

- Monday: Mac n' Cheese & Nuggets
- Tuesday: Fettuccine
- Wednesday: Pizza
- Thursday: 2 Bean Burritos w/ Fruit
- Friday: Griller & Fruit

### WEEK OF APR 22ND

- Monday: Hotdogs & Fruit
- Tuesday: Spaghetti
- Wednesday: Pizza
- Thursday: 2 Bean Burritos w/ Fruit
- Friday: Deli Sandwich & Fruit

Each class has visited Morning Pointe throughout the school year. They sing and interact with the residence for about an hour.



### APR 24

**Parent Night**  
**6:30 pm**  
**High School**  
**Auditorium**

### MAY 1

**5th-8th**  
**Spring Band**  
**Concert**  
**7:00 PM**

### MAY 3

**All**  
**School**  
**Chapel**

We are a Seventh-day Adventist school established to educate, equip, and inspire students to be critical thinkers who serve others and reflect Christ's character.

## **Early Childhood Education Center SUMMER Program**

Enrollment is Open! For ages 3-5 years old as August 15th. Join our thematic, hands-on, and Christ-centered summer program. Kids will enjoy Bible stories, water play, art projects, music, and much more. See attach flier for more information.

## **Teacher Appreciation Week**

Be on the look out for information on how you can help show our teachers how much we appreciate them. Teacher appreciation week is April 29-May 3rd.

## **Outreach**

Collegedale Church

Dos Bros Spirit Night: On Tuesday, April 16, Dos Bros in Ooltewah will be hosting a Spirit Night for the YiELD Fiji Mission Trip from 3:00 to 8:00 p.m. During that time 30% of any sales made with the mention of YiELD will go towards the mission trip expense. Join us at Dos Bros, 5975 Elementary Way #111, Collegedale...and be sure to mention YiELD.

The Chosen, Season 4, episodes 1 & 2, will be shown 6:00 p.m. Friday, April 19, at Collegedale Academy Middle School Gym. This free event is hosted by University Church Youth (UCY). A fundraiser supper will be offered by the Collegedale YiELD Fiji Mission Team and Collegedale Pathfinders. Menu and pricing information to come later. The Chosen is the first multi-season series about the life and ministry of Jesus. Consider this as a follow-up for SonRise as the series takes a closer look at the life of Jesus. So, you haven't watched The Chosen? Catch up at [www.angel.com/watch/the-chosen](http://www.angel.com/watch/the-chosen). For more information, contact [ucyouth@southern.edu](mailto:ucyouth@southern.edu).

# Spiritual News

## Hallway Hymn

### Jesus Paid It All

I hear the Savior say,  
"Thy strength indeed is small;  
Child of weakness, watch and pray,  
Find in Me thin all in all."

Jesus paid it all,  
All to Him I owe;  
Sin had left a crimson stain;  
He washed it white as snow.

And when before the throne  
I stand in Him complete,  
I'll lay my trophies down,  
All at Jesus' feet.

Jesus paid it all,  
All to Him I owe;  
Sin had left a crimson stain;  
He washed it white as snow.

Praying for:

Mrs. Johnson

Director of Innovation

&

Gulf-States Conference

Psalm 51:10-12

"10 Create in me a pure heart, O God, and renew a steadfast spirit within me.

11 Do not cast me from Your presence or take Your Holy Spirit from me.

12 Restore to me the joy of Your salvation and grant me a willing spirit, to sustain me."

## Helpful Contacts

1. **Principal** - Melissa Weddle [mweddle@collegedaleacademy.com](mailto:mweddle@collegedaleacademy.com)
2. **Vice Principal Elem & Learning Resource Coordinator Elem & Middle** - Melissa Ammerall  
[mammerall@collegedaleacademy.com](mailto:mammerall@collegedaleacademy.com)
3. **Assistant Registrar** - Heather Hoffman [hhoffman@collegedaleacademy.com](mailto:hhoffman@collegedaleacademy.com)
4. **School Counselor** – Amber Vaudreuil [avaudreuil@collegedaleacademy.com](mailto:avaudreuil@collegedaleacademy.com)
5. **Counselor Referral Link** - [Click](#)
6. **Lunch Coordinator** – Cindy Barrios [cbarrios@collegedaleacademy.com](mailto:cbarrios@collegedaleacademy.com)
7. **Chaplain** - Tabor Nudd [tnudd@collegedaleacademy.com](mailto:tnudd@collegedaleacademy.com)
8. **Aftercare Phone Number** - 423-599-9149
9. **Collegedale Academy website** - [collegedaleacademy.com](http://collegedaleacademy.com)



HELP

# QPR TRAINING

3 simple steps  
anyone can learn  
to help save a life  
from suicide.

## What is QPR?

QPR stands for Question, Persuade, and Refer — the 3 simple steps anyone can learn to help save a life from suicide.

Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help.

### As a QPR-trained Gatekeeper you will learn to:

- Recognize the warning signs of suicide
- Know how to offer hope
- Know how to get help and save a life

## Our Speaker:

Amy Kyriakidis is Assistant Director for Suicide Prevention and Education in the Center for the Wellbeing at UTC. A Licensed Professional Counselor, she has worked in community mental health for the past 10 years in the Chattanooga area.

**Apr. 24 | 6:30PM | Collegedale Academy High School**

Free event, all are welcome to attend. No childcare provided.

RSVP is helpful but not required: [avaudreuil@collegedaleacademy.com](mailto:avaudreuil@collegedaleacademy.com)