

# COLLEGEDALE ACADEMY

Week of February 13, 2023 • (423) 396-2122

## Lunch Time

### WEEK OF FEBRUARY 13

Monday: Mac n' Cheese  
& Nuggets  
Tuesday: 2 Bean Burritos  
w/ Fruit  
Wednesday: Pizza  
Thursday: Fettuccini  
Friday: Griller & Fruit

### WEEK OF FEBRUARY 20

Monday: NO SCHOOL  
Tuesday: 2 Bean Burritos  
& Fruit  
Wednesday: Pizza  
Thursday: Spaghetti  
Friday: Hoagie & Fruit



**Reminder the railroad tracks at Apison Pike and University Dr will be closed Tuesday the 14th all day.**

2023-24 Student Applications are open for Returning & NEW Students  
Applicants will acquire a class spot in the date order of completed application.

**Please apply today, as classrooms are filling up very quickly.**

Apply Here: [collegedaleacademy.com/apply](https://collegedaleacademy.com/apply)

Please contact us with any questions.

**Elementary Admissions/Enrollment/Scheduling** a tour

- Heather Hoffman – [hhoffman@collegedaleacademy.com](mailto:hhoffman@collegedaleacademy.com) or 423.396.2122

FEB 14

**Valentine's  
Dress-down  
Day**

FEB 13-17

**3rd-5th Grade  
Week of Prayer  
Presented by  
7th Grade**

FEB 20

**No School  
Presidents'  
Day**

FEB 23

**ECEC-K  
Round-up  
5:30pm**

We are a Seventh-day Adventist school established to educate, equip, and inspire students to be critical thinkers who serve others and reflect Christ's character.

# IMPORTANT INFORMATION

## Counseling Services

To keep our counseling team organized, parents need to use the referral link if you'd like to request services for your child (small group or individual). Even if you have requested services in the past, if you'd like one of our counselors to do regular check-ins with your child (work on emotional regulation, coping skills for anxiety, depression, stress, etc.) please use the [referral link](#).

## Early Childhood and Kindergarten Round up

Join us Thursday February 23rd, 2023, from 5:30-6:30pm. Please RSVP at 423-396-2122. See attached flier for more details.

**Kids Heart Challenge** has kicked off! Our goal is to have FUN, raise donations and have **100% of our families learn Hands-Only CPR by completing Finn's Mission**. Help us save lives and *Be the Torch* that will light the path of hope in the fight against heart disease and stroke! If you haven't yet, join our team TODAY!

**1.LOG IN/SIGN UP** at [www.heart.org/khc](http://www.heart.org/khc) and take the challenge to Be Kind or Move More!

**2.SEND 10** emails or texts to family and friends through the Kids Heart Challenge App for [Apple](#) or [Android](#)

**3.COMPLETE FINN'S MISSION** in your HQ to learn Hands-Only CPR, how to spot a stroke F.A.S.T., and how you can help kids with special hearts! Students who complete Finn's Mission will ***earn Finn's Lifesaver Award!***

[Click here for your Virtual Envelope](#) to meet the Heart Heroes and see the cool thank-you gifts your student can earn! Be sure to talk with your student about their favorite Heart Hero and heart healthy message from today's kick-off! Thank you for supporting our school and the American Heart Association!

## Gym-Kids

Parents with kids participate in Gym-Kids. Click [HERE](#) for SAU's website for practice dates.

## McKee/Southern 6 Trail Race

If you love trail running. Check out the flier from Southern about an upcoming Trail Race they are hosting.

# SPIRITUAL NEWS

## Hallway Hymns

Every month as a school we sing a different Hymn on Thursday mornings. This month we are singing "Standing on the Promises".

### Standing on the Promises

Standing on the promises of Christ my King,  
Through eternal ages let His praises ring,  
Glory in the highest, I will shout and sing,  
Standing on the promises of God.

Standing, standing,  
Standing on the promises of God my Savior;  
Standing, standing,  
I'm standing on the promises of God.

Standing on the promises of Christ the Lord,  
Bound to Him eternally by love's strong cord,  
Overcoming daily with the Spirit's sword,  
Standing on the promises of God.

Standing, standing,  
Standing on the promises of God my Savior;  
Standing, standing,  
I'm standing on the promises of God.

*Praying for:*

*Mr. Dickson*

*Facilities Assistant Manager*

*&*

*Orchard Knob Elementary*

*Psalms 25:1-2*

*"In You, Lord my God, I put  
my trust. I trust in You; do  
not let me be put to shame,  
nor let my enemies' triumph  
over me."*

## HELPFUL LINKS

1. **Principal** - Melissa Weddle [mweddle@collegedaleacademy.com](mailto:mweddle@collegedaleacademy.com)
2. **Vice Principal & Learning Resource Coordinator Elem & Middle** - Melissa Ammerall  
[mammerall@collegedaleacademy.com](mailto:mammerall@collegedaleacademy.com)
3. **Office Manager & Assistant Registrar** - Heather Hoffman [hhoffman@collegedaleacademy.com](mailto:hhoffman@collegedaleacademy.com)
4. **School Counselor** - Amanda Ancheta [aancheta@collegedaleacademy.com](mailto:aancheta@collegedaleacademy.com)
5. **Lunch Coordinator** - Becky Brooks [bbrooks@collegedaleacademy.com](mailto:bbrooks@collegedaleacademy.com)
6. **Chaplain** - Tabor Nudd [tnudd@collegedaleacademy.com](mailto:tnudd@collegedaleacademy.com)
7. 2022 Calendar go to [collegedaleacademy.com](http://collegedaleacademy.com)
8. The Student Handbook is located at [collegedaleacademy.com](http://collegedaleacademy.com)