



## *In the Know*

**Weekly Newsletter for Early Childhood through 5<sup>th</sup> Grade  
September 28, 2020**

### **Sandy Erickson 5K Update**

Sandy Erickson 5K Run Registration is now OPEN for the 9th Annual Sandy Erickson Race for Christian Education! Sign up by Wednesday, September 30th to be guaranteed a T-Shirt click [HERE](#). We are running a virtual race and you will enter your time via our website for placement medals. We will be delivering the race packets on Friday, October 23rd. Thanks for supporting such an important event that helps raise money for our Worthy Student Fund! <https://sandyericksonfunrun.com/>



*We are a Seventh-day Adventist school established to educate, equip,  
and inspire students to be critical thinkers who serve others and reflect Christ's character*

## Calendar

- 10/2 Uniform Drop-off 2:00 – 3:00 – at the pavilion
- 10/5 Picture re-take day, Spirit Week (10/5 – 10/9 see attached flyer)
- 10/23 Uniform Sale 3:00 – 4:00 in the elementary gymnasium

## Fall Break October 12 – 16



## Hot Lunch

### Week A: September 28 – October 2

Monday – 2 Hotdogs, Fruit

Tuesday – 2 Bean Burritos, Fruit

Wednesday - Pizza

Thursday – Spaghetti w/ Broccoli

Friday – Hoagie w/ Cheese & Fruit



### Week B: October 5 -9

Monday – Nuggets, Mac n Cheese

Tuesday – Bean Burritos & Fruit

Wednesday – Pizza

Thursday – Fettuccini w/ Broccoli

Friday – Griller w/ Cheese & Fruit

Meal cards can be purchased at the office. We can only accept cash or checks made payable to:

Collegedale Academy. If you have any questions, you may email our Lunch Coordinator, Kim Lighthall at:

[klighthall@collegedaleacademy.com](mailto:klighthall@collegedaleacademy.com)

## Parent Prayer Time

Join us Wednesday mornings at 8:00 under the middle school pavilion each week for both elementary and middle schools families and friends. Come and pray as we lift up our school family in prayer.

## Spiritual News

This week as a school we are praying for our 2nd grade teacher, Mrs. Haluska and Adventist University of the Phillippians

*Memory Verse: Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. And over all these virtues put on love, which binds them all together in perfect unity.*

## Alzheimer's Awareness

Go "Casual for the Cause" to benefit the Walk to END Alzheimer's. Make a donation of any amount and dress down in anything purple on Thursday, October 1<sup>st</sup>. All proceeds benefit the Alzheimer's association.

## Fall Spirit Week

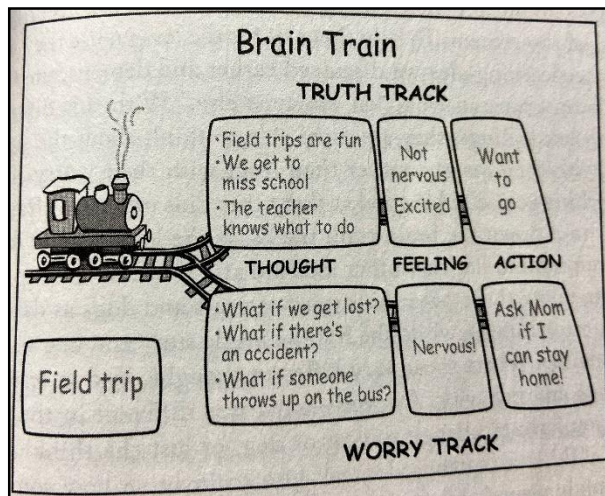
Come one come all let's celebrate fall! Spirit Week October 5 – 9. See flyer for details. Thank you H&S for coordinating this fun week.

## A Note From Our School Counselor Mrs. Ancheta

I have enjoyed learning, sharing insights, and discussing this book. The last chapter we covered was chapter 4.

Here are some highlights:

- The more we engage in worry, the more, the faster, and the more easily the brain will be mapped to make those anxious connections.
- The mind repairs itself. Teach our minds to make new pathways.



Instead of asking...	Try asking..
Why are you worrying?	<p>What is worry telling you about this?</p> <p>What do you think is true?</p> <p>Does that sound right to you?</p> <p>Do you think that will really happen or is just scary to hear that idea?</p> <p><i>**This helps them to see worry at a distance. **</i></p>

## Picture Retake Day

Lifetouch picture retake day is October 5, 2020. Virtual students start at 8:00 am.

## Announcement of Office Medical Leave

Missy Weddle will be out of the office from October 5 until November 13. If you have any questions you may contact our Vice Principal, Pam Arner by calling the office or emailing her at: [parner@collegedaleacademy.com](mailto:parner@collegedaleacademy.com).

Melanie Engle is continues to be on medical leave. If you have any registrar type questions please contact Heather Hoffman at: [hhoffman@collegedaleacademy.com](mailto:hhoffman@collegedaleacademy.com).

## School Closings

When the school closes due to weather or other events, parents and guardians will be notified by text and email (make sure you have enabled these setting in your Jupiter Ed account). We will be listed on news stations as Collegedale Academy. Please note that we do not have hot lunch available when there is a two-hour delay.

## Asbestos Inspection

The inspection and management Plan for Asbestos-Containing-Building-Materials (ACBM) required by the Federal Asbestos Hazard Emergency Response Act (AHERA) has been performed for this facility. No asbestos has been found. Contact the office if you wish to review the report.

## Home & School News

Box –Tops: Don't forget to download the app and scan your receipts for Box Tops points for our school! Our school highly benefits from this! ([www.boxtops4education.com](http://www.boxtops4education.com))



CA Car Magnets and Stickers: Available to purchase from the office. Magnets are \$5.00 and the stickers are \$2.00 (cash or check please).

Please 'like' our CA Home & School Facebook page at:

<https://m.facebook.com/CA-Home-School-Parent-Information-Page-104782384217147/>

Don't forget to download the app and scan your receipts to receive Box Tops points for our school. Click [HERE](#) for more information.

### What to do if...

You had first-hand contact with someone who tested positive and you are symptom free (and you didn't take a test).	Stay home 14 days if you can socially distance from that person. Stay home 24 days if you are not able to socially distance.
You had first-hand contact with someone who tested positive, you got tested and it came back negative.	
Your child tests positive for Covid.	Stay home a minimum of 10 days if your symptoms have reduced. You will need documentation from your medical provider that you are cleared to return to school.
A parent living with the student was exposed to someone who was positive for Covid.	Watch for symptoms in your child. Your child may still continue coming to school in person.

\*Please note that these guidelines are based off of the CDC and what the Hamilton County Health Department has determined. We are not the final say though, please consult with your medical provider or the Health Department for further information.

### AmazonSmile

AmazonSmile is a simple way for you to support Collegedale Academy every time you shop, at no cost to you. AmazonSmile is available at [smile.amazon.com](http://smile.amazon.com) on your web browser and can be activated in the Amazon Shopping app for iOS and Android phones. When you shop at AmazonSmile, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added benefit that AmazonSmile will donate 0.5% of your eligible purchases to CA. You can choose from over one million organizations to support.

### Yearbook Ads

Please support our yearbook with your business advertisement! See attachment for more details.