

Collegedale Academy Middle Cross Country Schedule 2020-2021

Date	Event	Time	Notes / Location
Wed. Jul. 29	Open Run	7:00 - 7:45 pm	Open to all / CA Middle
Mon. Aug. 3	Open Run	7:00 - 7:45 pm	Open to all / CA Middle
Wed. Aug. 5	Open Run	7:00 - 7:45 pm	Open to all / CA Middle
Thurs. Aug. 6	Tryouts	3:30 - 4:30 pm	Open to all / CA Middle
Mon. Aug. 10	Practice	3:30 - 4:30 pm	Open to all / CA Middle
Wed. Aug. 12	Practice	3:30 - 4:30 pm	Open to all / CA Middle
Fri. Aug. 14	Practice	3 - 4 pm	Open to all / CA Middle
Mon. Aug. 17	Practice	3:30 - 4:30 pm	Open to all / CA Middle
Wed. Aug. 19	Practice	3:30 - 4:30 pm	Open to all / CA Middle
Fri. Aug. 21	Practice	2:30-3:30 pm	Open to all / CA Middle
Mon. Aug. 24	Race	TBD	@ Woodland Park
Wed. Aug. 26	Practice	3:30 - 4:30 pm	Open to all / CA Middle
Fri. Aug. 28	Practice	2:30-3:30 pm	Open to all / CA Middle
Mon. Aug. 31	Race	TBD	@ Woodland Park
Wed. Sept. 2	Practice	3:30 - 4:30 pm	Open to all / CA Middle
Fri. Sept. 4	Practice	2:30-3:30 pm	Open to all / CA Middle
Tues. Sept 8	Race	TBD	@ Woodland Park
Wed. Sept. 9	Practice	3:30 - 4:30 pm	Open to all / CA Middle
Fri. Sept. 11	Practice	2:30-3:15 pm	Open to all / CA Middle
Mon. Sept. 14	Race	TBD	@ Woodland Park
Wed. Sept. 16	Practice	3:30 - 4:30 pm	Open to all / CA Middle
Fri. Sept. 18	Practice	2:30-3:15 pm	Open to all / CA Middle
Mon. Sept 21	Race	TBD	@ Woodland Park

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Wed. Sept. 23	Practice	3:30 - 4:30 pm	Open to all / CA Middle
Fri. Sept. 25	Practice	2:30-3:30 pm	Open to all / CA Middle
Mon. Sept. 28	ISC Championsi p	TBD	@ Woodland Park